

JCTR BASIC NEEDS BASKET: LUSAKA

JUNE 2013

(A) COST OF BASIC FOOD ITEMS FOR A FAMILY OF FIVE IN LUSAKA

Commodity	Kwacha	Quantity	Total	Kwacha
Mealie meal (breakfast)	59.28	2 x 25Kgs	118.56	
Beans	20.19	3 Kgs	60.57	
Kapenta (dry)	115.56	2 Kgs	231.12	
Bream (dry)	122.92	1Kgs	122.92	
Beef, mixed cut	30.43	4 Kgs	121.72	
Dark green vegetable	3.79	4 Kgs	15.16	
Tomatoes	6.75	4 Kgs	27.00	
Onion, large	8.63	2 Kgs	17.26	
Cooking oil (2.5 Ltrs)	34.18	3 litres	41.02	
Bread wheat, refined floor, baked	4.87	1 loaf/day	146.10	
Sugar	15.78	6 Kgs	47.34	
Milk (fresh)	5.28	4x500ml	21.12	
Tea, powder (250g)	11.81	1 Kgs	47.24	
Eggs	7.64	2 Units	15.28	
Salt	3.07	1Kgs	3.07	
Sub Total				1,035.48

(B) COST OF ESSENTIAL NON-FOOD ITEMS

Charcoal (90Kg bags)	130.00	180Kgs	260.00
Soap (Lifebouy/Champion)	2.86	10 Tablets	28.60
Wash soap (Boom)	4.33	4x400g	17.32
Jelly (e.g. Vaseline)	11.06	1x500ml	11.06
Electricity (med. density - fixed)	372.00		372.00
Water & Sanitation (med. cost - fixed)	210.00		210.00
Housing (med. density - 3 bedroom)	1,750.00		1,750.00

Sub Total 2,648.98

Total for Basic Needs Basket 3,684.46

Totals from previous months	May 12	June 12	July 12	Aug 12	Sep 12	Oct 12	Nov 12	Dec 12	Jan 13	Feb 13	Mar 13	Apr 13	May 13
Amount (K)	2,909.82	3,395.66	3,445.00	3,456.36	3,455.50	3,450.06	3,475.72	3,532.10	3,469.68	3,645.44	3,616.18	3,593.60	3,625.20

(C) SOME OTHER ADDITIONAL COSTS

Item	Kwacha	Item	Kwacha
Education		Transport (bus fare round trip)	
Grades 8-9 (User + PTA/year)	K400.00 – K600.00	Chilenje-Town	K9.00
Grades 10-12 (User + PTA/year)	K650.00 – K1, 300.00	Chelston -Town	K9.60
School Uniform (grades 8-12)	K90.00 – K200.00	Matero-Town	K8.40
Health (clinic)		Fuel (cost at the pump)	
Registration (book)	K3.00 - K5.00	Petrol (per litre)	K9.91
Self referral (Emergency Fee)	K 5.500	Diesel (per litre)	K9.20
Mosquito Net (private)	K30.00 – K120.00	Paraffin (per litre)	K6.83

(D) SOME COMPARATIVE FIGURES OF WAGES--"TAKE HOME PAY"

	Teacher	Nurse	Secretary in Civil Service	Average Monthly Income in Urban Low-Cost Area – CSO
Pay Slip	K1,695.17to K2,725.990	K2,418.25 to K2,798.25	K1,633.71 to K2,749.23	K1,403.00 (2010 Living conditions survey)

This survey was conducted on 25th to 28th June, 2013 by the Social Conditions Programme of the Jesuit Centre for Theological Reflection. Average prices were calculated on the basis of prices gathered from retail outlets at Northmead, Shoprite (Cairo Road), City Market, Chawama, Chainta, Kabwata, Matero and schools, clinics/hospitals and filling stations around Lusaka. The June Basic Needs Basket is approximately US\$675 based upon the exchange rate of K5.4624 per US\$ prevailing on the days of data collection.

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